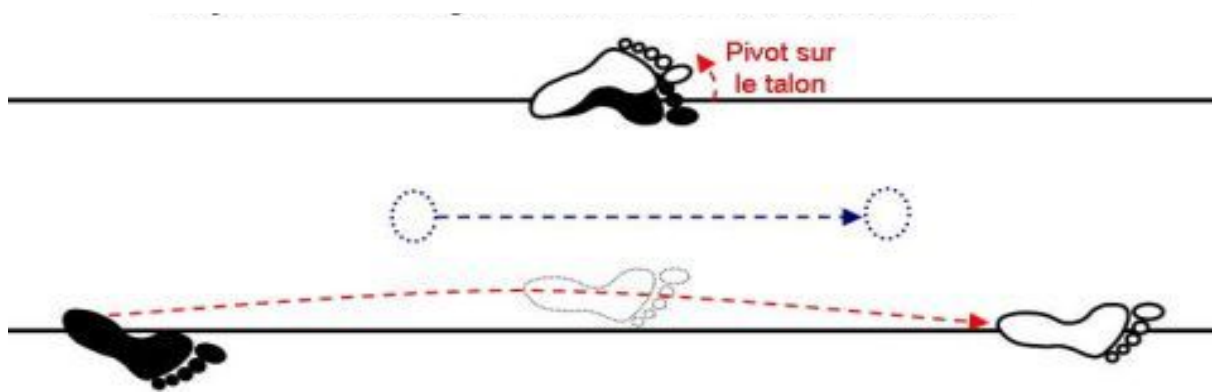
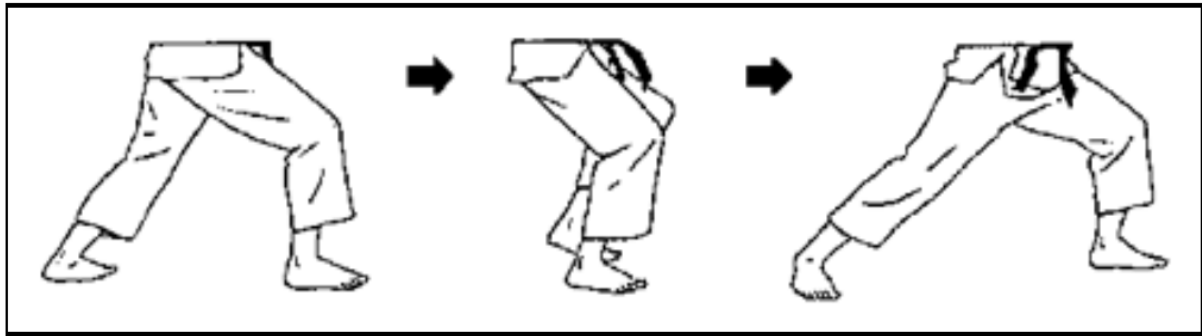
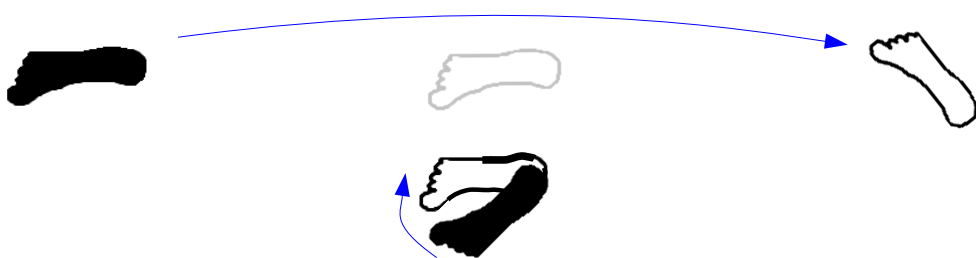


## DEPLACEMENTS

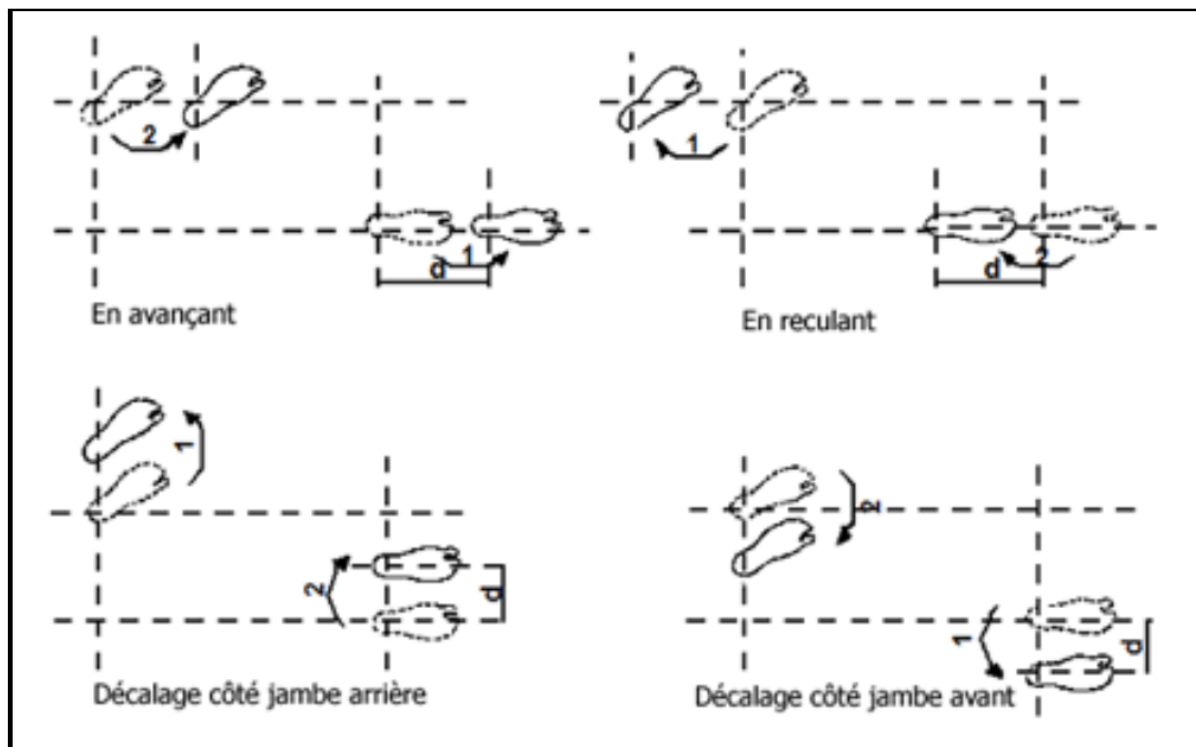
**AYUMI ASHI** : Avancer d'un pas



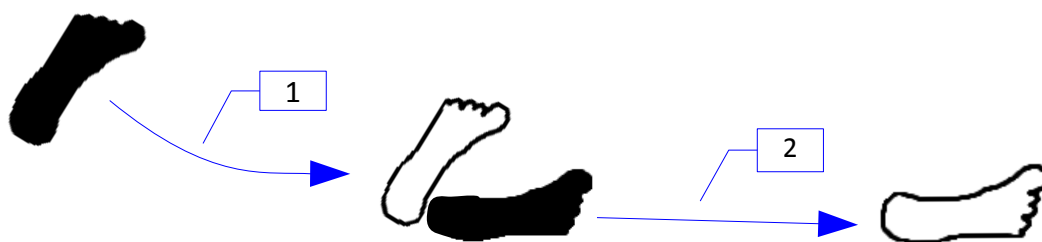
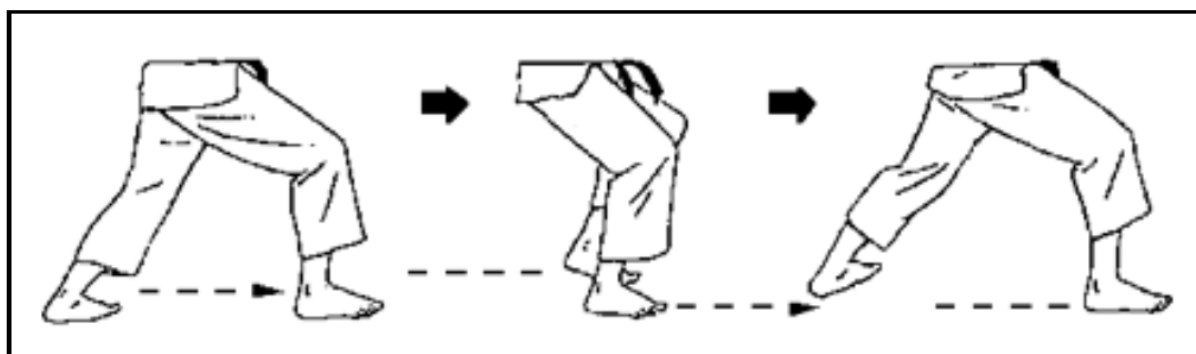
**HIKI ASHI** : Reculer d'un pas



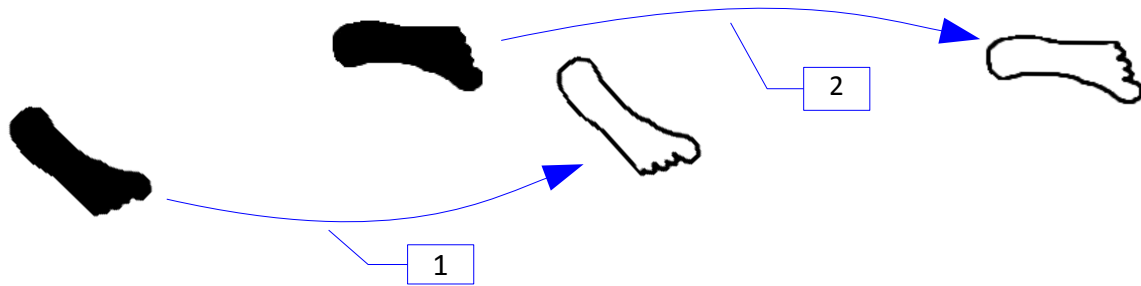
**YORI ASHI** : Pas glissé



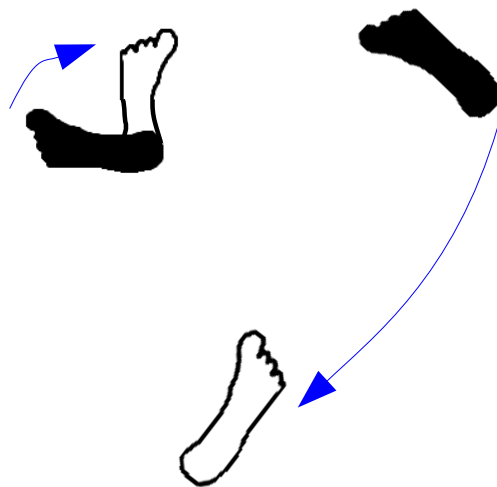
**TSUGI ASHI** : Pas chassé



**OKURI ASHI** : Double pas



**MAWARI ASHI** : Déplacement tournant autour du pied avant



**USHIRO ASHI MAWARI ASHI** : Déplacement tournant autour du pied arrière

